

## Program

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62 minutes

### A Happy and Resilient Mindset in the Law

Legal workplaces are inherently stressful and legal professionals are known to be disproportionately at risk of suffering from psychological distress and illness. Workplace factors have been proven to contribute to this risk causing harm to people's health and adverse impacts on the organisations that employ them (including absenteeism, "presenteeism", staff attrition, and WHS liability risks). It is not just the nature of the work, the hours worked, but also the environmental factors like the economy, what is happening in the world, our relationships, what we do apart from work, and our journey in life that contributes to our mental wellbeing and at times it is not healthy.

Margie Ireland will lead the group through a lecture on the importance and strategies for developing and maintaining a happy, healthy and resilient mindset in the legal profession.

Presenter: **Margie Ireland**, Leadership Psychologist, Facilitator, Speaker

Chairs: **Genevieve Dee**, President, Queensland Law Society; Partner, Landers & Rogers; Accredited Specialist (Family Law) – Qld

**Matt Dunn**, CEO, Queensland Law Society



## Presenters



### Genevieve Dee

President, Queensland Law Society; Partner, Landers & Rogers;  
Accredited Specialist (Family Law) – Qld

Queensland Law Society President Genevieve Dee is a partner with Lander & Rogers and an Accredited Family Law Specialist who has practised exclusively in family and relationship law for 20 years. Highly sought after for her expertise in complex property matters – including those involving taxation issues, trusts, manufacturing companies, rural issues, intergenerational wealth and family businesses, and complex corporate structures – Genevieve has been recognised through various awards including WLAQ's 'Emergent Lawyer of the Year' Award and a finalist for WLAQ's 'Ford Woman Lawyer of the Year' Award. Recognised in The Best Lawyers in Australia for her expertise in family law and family mediation, she was named a Lawyer of the Year for family law mediation in the publication's 2022 edition.

Having served three terms as councillor of the Queensland Law Society her experience as a member and chair of the Committee of Management, and the Specialist Accreditation Board, including a term as Chair, highlights her engagement and commitment to the legal profession. Genevieve is also a Chair of the Board of Women's Legal Service Qld (WLAQ).



### Matt Dunn

Chief Executive Officer, Queensland Law Society

Matt is the Chief Executive Officer of Queensland Law Society (QLS).

Appointed in March 2024, Matt was previously General Manager – Advocacy, Guidance and Governance for QLS. Originally joining QLS in 2005, he departed to take up a national policy leadership role with the Law Council of Australia in 2014, before returning to raise his family in Brisbane.

Matt's extensive industry experience places him in the unique position of having a strong understanding and insight into the issues affecting the modern profession. An advocate for ensuring practitioners have affordable and accessible resources to build and maintain their practice, Matt is proud to be in such a position of trust to guide and enable the profession.

# Minds Count Lecture 2025



## Margie Ireland

Leadership Expert & Psychologist

Margie Ireland is a Leadership Expert, Registered Psychologist, and Keynote Speaker with over 25 years of experience helping leaders and organisations connect, engage, and thrive. Combining commercial acumen with psychological insight, Margie empowers professionals to reach their full potential.

Fifteen years ago, Margie faced a major turning point. After an unsuccessful five-year journey to become a parent, she found herself unfulfilled in her executive role. She made the bold decision to leave her marriage and career to pursue psychology—despite struggling in high school and doubting she would even be accepted into university. Not only was she accepted, but she earned a Distinction for her thesis on Leadership Performance and Wellbeing.

Through personal and professional challenges—including divorce, financial hardship, the loss of her father to mental health struggles, and overcoming anxiety—Margie built a career dedicated to fostering resilient, high-performing leaders. She developed an evidence-based program, The Happy Healthy Leader which results in greater resilience, trust, gender diversity, and teamwork in leadership teams.

During COVID, she published her first book, sharing the most successful strategies from her program. Today, Margie continues to help leaders become happier, healthier, and more effective.